

# Certificate of Analysis (COA)

This document when unexecuted serves as the Supplement Manufacturing Partner (SMP) *Test Specification* for the item defined in the table below. When executed (i.e. results included) this document serves as the Certificate of Analysis (COA).

## Item Information

Product Name	<b>LiveGood Women's Hormonal Balance Vegetable Capsules</b>
SMP Item / SKU #	<b>CAP101688</b>
Lot #	<b>FG250424</b>
Best By Date	<b>09/2028</b>

## Identity / Physical

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax2	Appearance	Organoleptic	Clear capsule with light brown to yellow fill powder	<b>Conforms</b>
Ax3	Weight Variation	Direct Weighing	810.7 mg ± 10%	<b>Conforms</b>

## Assay/Potency

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax2	D-Alpha-Tocopherol Acetate	N.TPN166	NLT 7.5 mg	<b>7.8 mg</b>
Ax3	Organic MACA Powder	N.TPN166	NLT 121.36 mg	<b>125 mg</b>
Ax3	Milk Thistle (80% Silymarin)	N.TPN166	NLT 100 mg	<b>103 mg</b>
Ax3	Dong Quai Extract (1% Ligustilide)	N.TPN166	NLT 100 mg	<b>103 mg</b>
Ax3	White Peony Extract (10% Paeoniflorin)	N.TPN166	NLT 100 mg	<b>103 mg</b>
Ax3	DIM (Diindolylmethane)	N.TPN166	NLT 75 mg	<b>81.75 mg</b>
Ax3	Chasteberry Extract (0.5% Agnuside)	N.TPN166	NLT 50 mg	<b>51 mg</b>
Ax3	Wild Yam Root Extract (10% Diosgenin)	N.TPN166	NLT 50 mg	<b>51.5 mg</b>
Ax3	Siberian Ginseng Extract (0.8% Eleutherosides)	N.TPN166	NLT 50 mg	<b>51.5 mg</b>
Ax3	Soybean Extract (40% Isoflavones)	N.TPN166	NLT 25.4 mg	<b>26.8 mg</b>
Ax3	Black Cohosh (2.5 % Triterpene Glycosides)	N.TPN166	NLT 20 mg	<b>20.6 mg</b>

## Microbiology

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax2	Total Plate Count	USP <2021>	≤100,000 cfu/g	<b>2,000 cfu/g</b>
Ax2	E. Coli	USP <2022>	Absent cfu/10g	<b>Absent cfu/10g</b>
Ax2	Staphylococcus aureus	USP <2022>	Absent cfu/25g	<b>Absent cfu/25g</b>
Ax2	Salmonella	USP <2022>	Absent cfu/25g	<b>Absent cfu/25g</b>
Ax2	Total Yeast and Mold	AOAC 2014.05	≤1,000 cfu/g	<b>None Detected cfu/g</b>

## Heavy Metals

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax3	Arsenic (As)	USP<2232>	NMT 1.5 mcg	<b>Conforms mcg</b>
Ax3	Lead (Pb)	USP<2232>	NMT 0.5 mcg	<b>Conforms mcg</b>
Ax3	Cadmium (Cd)	USP<2232>	NMT 0.5 mcg	<b>Conforms mcg</b>
Ax3	Mercury (Hg)	USP<2232>	NMT 3.0 mcg	<b>Conforms mcg</b>

## Results / Conclusion

This item has been tested and meets the requirements of SMP Standards.

## Document Information

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## Signatory Table

Action Name	User Name	Title	Signature Date
Approve	Daniyal Hashmi	QC Supervisor	12-Nov-2025 13:07

\* Dates are displayed according to the system time zone: (GMT-05:00) Eastern Standard Time (America/Detroit)

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