

# Certificate of Analysis (COA)

This document when unexecuted serves as the Supplement Manufacturing Partner (SMP) *Test Specification* for the item defined in the table below. When executed (i.e. results included) this document serves as the Certificate of Analysis (COA).

## Item Information

Product Name	<b>LiveGood Women's Hormonal Balance Vegetable Capsules</b>
SMP Item / SKU #	<b>CAP101688</b>
Lot #	<b>P03187</b>
Best By Date	<b>09/2028</b>

## Identity / Physical

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax2	Appearance	Organoleptic	Clear capsule with light brown to yellow fill powder	<b>Conforms</b>
Ax3	Weight Variation	Direct Weighing	<b>810.7 mg ± 10%</b>	<b>Conforms</b>

## Assay/Potency

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax2	D-Alpha-Tocopherol Acetate	N.TPN166	NLT 7.5 mg	<b>7.8 mg</b>
Ax3	Organic MACA Powder	N.TPN166	NLT 121.36 mg	<b>125 mg</b>
Ax3	Milk Thistle (80% Silymarin)	N.TPN166	NLT 100 mg	<b>103 mg</b>
Ax3	Dong Quai Extract (1% Ligustilide)	N.TPN166	NLT 100 mg	<b>103 mg</b>
Ax3	White Peony Extract (10% Paeoniflorin)	N.TPN166	NLT 100 mg	<b>103 mg</b>
Ax3	DIM (Diindolylmethane)	N.TPN166	NLT 75 mg	<b>81.75 mg</b>
Ax3	Chasteberry Extract (0.5% Agnuside)	N.TPN166	NLT 50 mg	<b>51 mg</b>
Ax3	Wild Yam Root Extract (10% Diosgenin)	N.TPN166	NLT 50 mg	<b>51.5 mg</b>
Ax3	Siberian Ginseng Extract (0.8% Eleutherosides)	N.TPN166	NLT 50 mg	<b>51.5 mg</b>
Ax3	Soybean Extract (40% Isoflavones)	N.TPN166	NLT 25.4 mg	<b>26.8 mg</b>
Ax3	Black Cohosh (2.5 % Triterpene Glycosides)	N.TPN166	NLT 20 mg	<b>20.6 mg</b>

## Microbiology

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax2	Total Plate Count	USP <2021>	≤100,000 cfu/g	Conforms cfu/g
Ax2	E. Coli	USP <2022>	Absent cfu/10g	Absent cfu/10g
Ax2	Staphylococcus aureus	USP <2022>	Absent cfu/10g	Absent cfu/10g
Ax2	Salmonella	USP <2022>	Absent cfu/10g	Absent cfu/10g
Ax2	Total Yeast and Mold	USP <2021>	≤1,000 cfu/g	Conforms cfu/g

## Heavy Metals

SMP Code	Analysis	Test Method	Specification and Units	Results and Units
Ax3	Arsenic (As)	USP<2232>	NMT 1.5 mcg	Conforms mcg
Ax3	Lead (Pb)	USP<2232>	NMT 0.5 mcg	Conforms mcg
Ax3	Cadmium (Cd)	USP<2232>	NMT 0.5 mcg	Conforms mcg
Ax3	Mercury (Hg)	USP<2232>	NMT 3.0 mcg	Conforms mcg

## Results / Conclusion

This item has been tested and meets the requirements of SMP Standards.

## Document Information

This document is managed by the SMP Quality Management System (QMS). The QMS provides unique document numbers along with document status and is paginated by the QMS (as seen in the header/footer sections of the document). The document is electronically signed as documented on the last page. SMP Codes are intended for internal use only.

This is a representation of an electronic record that was signed electronically and this page is the manifestation of the electronic signatures.

## Signatory Table

Action Name	User Name	Title	Signature Date
Approve	Daniyal Hashmi	QC Supervisor	30-Oct-2025 10:09

\* Dates are displayed according to the system time zone: (GMT-04:00) Eastern Daylight Time (America/Detroit)

This form was created based on Doc-0003687 ,1.0